

Our Services

Abortions past 15 weeks + 3 days

Abortions are available in Canada up to 24 weeks; however, you will need to travel to Vancouver to CARE Program Women's Health Centre.

CARE is a self-refer only clinic, and visits are covered by Yukon Health Medical Travel.

Once you have made your appointment, bring your appointment letter to your primary care physicians* office for them to submit a travel application.

*If you do not have a primary care provider, please contact the Yukon Sexual Health Clinic or the Whitehorse Walk-In Clinic.

*If you do not want your local Health Centre to know about your appointment, the Opal MOA can assist with travel.

Abortion

The Opal Clinic provides both medication abortions (up to 9 weeks) and aspiration abortions (up to 15 weeks + 3 days)

Miscarriage

Opal Clinic offers timely management of miscarriages. Your prenatal care provider should forward your information to us and we will contact you within a few days of the referral

Contraception

Opal clinic offers optional contraception counselling and prescriptions as part of an appointment.

IUD Insertions under sedation can be done by referral only* These appointments consist of a pre-op consultation followed by you returning for an available OR time

About us:

We are an inclusive clinic that will treat you with respect, understanding and expert care. Our services are available to people of all sexual orientations and gender identities.

June 2024



(867) 393-6618



(867) 393-6635



Whitehorse, Yukon



www.opalyukon.ca

Confidential reproductive and sexual health care services, including medication abortions, procedural abortions and miscarriages up to the 15th week of pregnancy

Appointments

The only requirement to book an appointment for an abortion is a positive pregnancy test.

You can **self-refer** by calling **867 393 6635**
or have your primary care provider* send us a referral and we will contact you with an appointment.

If you live outside Whitehorse, with your approval, an appointment letter can be sent to your local health center, to arrange travel with Yukon Health or NIHB.

All costs are covered if you have a valid Canadian health care card. If you are a private paying patient the associated costs vary. An estimate can be given during booking, but the final cost will be calculated during your appointment.

What to Expect:

Your appointment will be at the **Whitehorse General Hospital** in the **Obstetrics & Gynecology Office**

Once inside the hospital, immediately turn left and take Elevator 3 to the 2nd floor. Turn right to Obstetrics & Gynecology office and register at the desk. You can also take Stairway 7 up to the 2nd floor and the clinic is directly across the hall.

Please arrive 15 minutes early with your health card to register and complete pre appointment paperwork.

You will first meet with the doctor who will perform a bedside ultrasound to confirm and date the pregnancy. Your options will be discussed with you at this time.

Lastly our nurse practitioner is standing by and they can provide any additional support, information and optional contraception counselling.

- If the pregnancy is under 9 weeks and you choose to proceed with a medical abortion, you will be given the medications at this appointment . You are expected to follow up in the following weeks with the clinic.
- If the pregnancy is over 9 weeks or you choose to proceed with a surgical abortion, you will be asked to return on the next available surgical date. *Our OR is every other Wednesday morning.*
- All pre-operative care, including ultrasounds and blood tests, are coordinated during your appointment.

Making Your Decision

Non-judgmental counselling is provided to all pregnant people on the day of their consult. Opal Clinic respects each pregnant person's right to privacy and their ability to make decisions. If you are unsure about whether or not to continue or terminate your pregnancy, we strongly urge you to take the time you need to explore all your options.